

All Day Breakfasts

EGGS AND OMELETTES

Includes one choice: (hashbrowns & toast) or (pancakes) or (fruit cup) or French Toast.

Two Eggs Any Style

Bacon & Eggs

Three strips of bacon and two eggs any style.

Back Bacon Rolled in Cornmeal with Eggs

Pork back bacon rolled in cornmeal and two eggs any style.

Ham & Eggs

One slice of ham and two eggs any style.

Sausage & Eggs

Three breakfast sausages and two eggs any style.

Ground Beef Dinner & Eggs

Well done ground beef 10 oz., topped with fried onions and bacon and two eggs any style.

Steak & Eggs

A New York steak with two eggs any style. **8 oz.**

Cheddar Omelette with 3 eggs.

Western Omelette with 3 eggs, ham, green onions and tomatoes.

Omelette Benedict

Bacon and Monterey Jack cheese combined with three eggs and topped with Hollandaise sauce.

The Rocky Mountain Omelette

Four eggs with bacon, ham, green pepper, mushrooms, green onions and cheddar cheese.

ADD any of these items

Peppers, green onions, white onions, tomatoes, broccoli, carrots, mushrooms or 1/2 avocado.

Extra slice of cheese in your omelette.

ADD any of these meat items to the omelette

Bacon, pork back bacon rolled in cornmeal, ham or sausage.

BREAKFAST FAVORITES

Breakfast Sandwich

Egg, bacon, cheddar cheese and avocado on choice of white kaiser, whole wheat or (our gluten free bun is extra).

Dash-a-way

One egg with ham or bacon or pork back bacon rolled in cornmeal or sausage between a toasted English muffin or bagel.

Add cheese

Western Skillet

Hashbrowns, two eggs scrambled with; diced tomatoes, mushrooms, onions, green peppers, (bacon) or (ham) or (sausage) or (corned beef) and topped with cheddar cheese. With a biscuit or toast.

May substitute hollandaise sauce for cheese.

* Veggie Skillet

Hashbrowns, two eggs scrambled with green peppers, diced tomatoes, mushrooms, onions and cheddar cheese. With biscuit or toast.

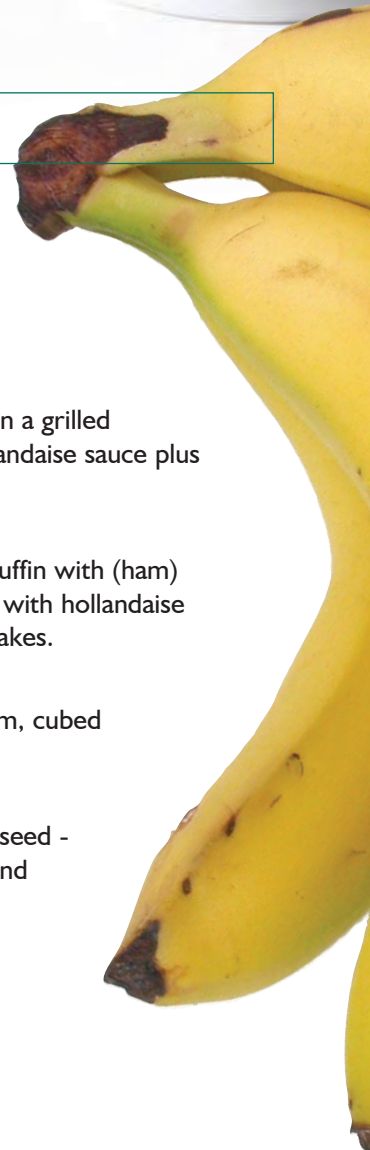
Glenn's Breakfast

Multi-grain bagel with cream cheese, two poached eggs and a side of blueberries.

* Yogurt & Berries with Granola

The Daily Double

Two side bacon, two sausages, two eggs any style and two buttermilk pancakes OR two slices of toast and jam.



Salmon Benedict

Alaskan Salmon and two eggs on a grilled english muffin topped with hollandaise sauce plus hashbrowns or pancakes.

Eggs Benedict

Two eggs on a grilled English muffin with (ham) or (bacon) or (sausage) topped with hollandaise sauce plus hashbrowns or pancakes.

Western Breakfast

Two eggs any style, western ham, cubed hashbrowns and a biscuit.

* Gourmet Porridge

Oat bran, wheat bran, and flax seed - topped with slivered almonds and dried cranberries.

7 oz. 10 oz.

* Hot Oatmeal

7 oz. 10 oz.

* Vegetarian Friendly

PANCAKES, FRENCH TOAST, AND CREPES

Blueberry Bang Flapjack

Made with blueberry bang rooibos tea in the batter, with sautéed mushrooms, ham and Monterey Jack cheese inside.

Stuffed French Toast

Thick, white, homestyle baked bread, stuffed with cream cheese and mixed berries. Grilled to a golden brown.

Belgian Waffles

3 Waffles with choice of syrup.

Fruity Crepes

Two thin crepes with strawberries, or blueberries. Finished with whipped topping and powdered sugar.

Buttermilk Pancakes

Four pancakes with syrup and butter.

Original French Toast

Three slices of your choice of bread.

ADD any of these items

Apple, blueberries, strawberries, bananas, peaches or

ADD one bacon, sausage or egg



MEAL FAVORITES

All Meal Favorites are served with garlic toast OR a freshly baked multi-grain bun.

Panko Breaded Ranch Chicken

Served with your choice of side dish and fresh vegetable of the day.
Half order.

Chicken Hunter Style

With side bacon, mushrooms, onions and gravy. Served with vegetables and choice of side dish.

Country Fried Chicken

Double dipped with a crunchy corn tortilla crust in a pool of hickory smoked gravy and served with vegetables and choice of side dish.

Breaded Liver

Breaded beef liver topped with bacon, onion, beef gravy and served with vegetables and choice of side dish.

Breaded Veal Cutlet

Breaded veal with gravy and served with vegetables and choice of side dish.

Veal Hunter Style

Breaded veal topped with bacon, mushrooms, onion, gravy and served with vegetables and choice of side dish.

Ground Beef Dinner 10 oz.

Well done beef topped with bacon, onion, gravy and served with vegetables and choice of side dish.

New York Steak

Broiled to your liking and served with vegetables and choice of side dish. 8 oz.



Breaded Pork Cutlet

Grilled to perfection served with apple sauce, rich gravy, vegetables and choice of side dish.

Maple Glazed Salmon

Poached or broiled premium filet of Salmon on a bed of rice with vegetables and choice of side dish.

Old Fashioned Deep Fried Fish

A hearty portion of white Alaskan filet, hand dipped and fried golden brown with vegetables and choice of side dish.
Half order. (1 pc.)

Ukrainian Platter

Smokie, cabbage rolls, perogies, sour cream and fresh vegetable of the day.

Add soup or salad

Turkey Pot Pie

Turkey, carrots, onions, peas and celery in a rich creamy sauce. Topped with a homestyle pie lid.



PASTAS

Mac & Cheese

Panko crusted with Monterey Jack and cheddar cheese. Served with a multi-grain bun or garlic toast.
Half order.
Add chopped bacon or turkey

Fettuccine Alfredo

Fettuccine noodles topped with an Alfredo cream sauce (Romano and Parmesan), diced tomatoes and green onions. Served with a multi-grain bun or garlic toast.
Half order.

Lasagna

Specially made with cheese and meat sauce in our kitchen. Served with a multi-grain bun or garlic toast.



Light and Easy

CAESAR SALADS

All served with garlic toast or fresh baked multi-grain bun.

* Caesar Salad

Warm Chicken Caesar Salad

Thai Chicken Caesar Salad

Topped with grilled chicken smothered in a spicy Thai sauce.

Cajun Chicken Caesar Salad

Topped with grilled cajun spiced chicken.

SALAD PLATES

Salad Plates served with garlic toast or fresh baked multi-grain bun.

* Glenn's Salad

Spring mix lettuce with lots of fresh vegetables & choice of dressing all topped with slivered almonds.

Chef's Salad

Julienne turkey, ham, assorted cheeses heaped on top of a fresh salad and topped off with a boiled egg.
Half Order

Taco Salad

Spring mix salad, diced tomato, breaded chicken, corn chips, and cheddar cheese in a tortilla shell served with Parmesan cheese toast or multi-grain bun.

Dieter's Plate

Grilled Chicken Breast with a large variety of fresh fruit, slivered almonds, yogurt and a multi-grain bun or banana bread.

Without chicken

Santa Fe Chicken Salad

Salad with dried dates, black beans, corn, avocado, corn chips, and grilled Cajun chicken mixed with creamy Italian dressing.

* Garden Vegetable Sandwich

Cream cheese, lettuce, tomato, cucumber, red and green peppers, sliced carrots topped with cheddar cheese, on your choice of bread.

* Small Fresh in Season Fruit Cup

With Key Lime dip

STIR-FRY ENTREES

Pineapple Chicken Stirfry

Topped with Sweet & Sour sauce, pineapple pieces and chicken, served on a bed of rice.

Teriyaki Chicken Stirfry

Topped with sliced chicken, Teriyaki sauce and served on a bed of rice.

* Vegetarian Stirfry

Topped with Teriyaki sauce and served on a bed of rice.

* Vegetarian Friendly

Thai Chicken Stirfry

Sliced chicken, tangy Thai sauce on fettuccine noodles.

Beef Stirfry

Topped with strips of sirloin steak, Teriyaki sauce and served on a bed of rice.

Add soup or salad

SOUPS

Soup of the Day

With multi-grain bun or garlic toast.

Cup of Soup

Soup & Caesar

With multi-grain bun or garlic toast.

Soup & Tossed

With multi-grain bun or garlic toast.



BROILED BURGERS - HANDMADE IN OUR OWN KITCHEN

Served on a white kaiser, whole wheat bun or (our gluten free bun) with lettuce, onion, tomato, a pickle and your choice of side dish. Mayo and relish upon request.

Glenn's Burger

One beef patty.

Cheddar Burger

One beef patty topped with cheddar cheese.

Bacon Burger

One beef patty topped with two strips of bacon.

Mushroom Burger

One beef patty topped with mushrooms.

Chicken Burger

Grilled chicken breast. (unbreaded)

* Meatless Garden Burger

One patty made from brown rice, mushrooms, onions, rolled oats, mozzarella, dry curd, cottage cheese, cheddar cheese, egg (white), bulgur wheat, natural seasonings and spices.

Buffalo Burger

6 oz. Buffalo burger patty.
Locally produced product.



SANDWICHES

Choice of side dish includes one of the following: fries, mashed, sweet potato fries, fruit cup, rice, salad, onion rings, cup of soup, baked potato, or perogies.

* Garden Vegetable Sandwich

Cream cheese, lettuce, tomato, cucumber, red and green peppers, sliced carrots topped with cheddar cheese, on your choice of bread.

Grilled Cheese

With ham, bacon or beef.

Clubhouse Sandwich

Toasted three-decker with turkey, bacon, tomato, lettuce and cheese.

Reuben Sandwich

Hot corned beef topped with sauerkraut and melted Monterey Jack cheese on grilled rye bread. Regular or hot mustard on the side.

Corned Beef on Rye

Thinly sliced corned beef served with regular or hot mustard.

Turkey Salad Sandwich

Delicious chunks of turkey, celery mixed with mayo.

Gluten Friendly Greek Wrap

Spinach and chicken in a gluten free wrap with red and green pepper, red onion, tomatoes, cucumber mixed with tzatziki sauce and greek vinaigrette dressing plus your choice of side.

Monte Cristo

Layers of turkey, ham, and Monterey Jack cheese, egg dipped and grilled.

Hot Sandwich

With your choice of beef, turkey, or beef patty on thick white topped with gravy and includes vegetables.

Toasted Denver

Tomatoes, green onions, ham and eggs.

Beef Dip

Thinly sliced beef on a sub bun with au jus for dipping.

Philly Melt (chicken or beef)

Sautéed beef or chicken, onions and peppers with Monterey Jack cheese on a sub bun with au jus.

B.L.T.

Crisp bacon, tomato and lettuce.

SNACKS & NIBBLERS

* Cheese Quesadilla

Cheddar, Monterey Jack cheese, peppers, onions grilled between a hot flour tortilla with a salad. Add chicken

Nachos

Cheddar cheese, diced tomatoes, onions, and jalapenos with sour cream and salsa on the side.

Extra Cheese

Extra Sour Cream

Extra Salsa

Perogies

Eight perogies with onions, bacon, and sour cream on the side.

Half Order

Poutine

Fries topped with turkey gravy and Monterey Jack cheese.

Half Order

Crunchy Chicken Tenders

Served with French fries and your choice of one dipping sauce (sweet & sour, B.B.Q., honey mustard or plum).

French Fries

Gravy

Sweet Potato Fries

Crispy Onion Rings

Calamari

Breaded squid, sweet red onions and cucumber tzatziki

* Vegetarian Friendly



SENIORS OR SMALLER APPETITES

Seniors' Breakfast Special

One egg, one bacon, one sausage and one choice of a (bagel), or (one pancake) or (one slice of toast with hashbrowns).

Seniors' Buttermilk Pancakes

Two pancakes served with syrup and butter.

Seniors' Strawberry, Blueberry, or Banana Pancakes

Two pancakes topped with choice of fruit and whip cream.

Seniors' Cheddar Omelette

With one choice of (one pancake) or (fruit cup) or (hashbrowns and one slice of toast).

Seniors' Ham & Cheddar Omelette

With one choice of (one pancake) or (fruit cup) or (hashbrowns and one slice of toast).

Seniors' Pork Cutlet

A breaded pork cutlet topped with gravy and served with apple sauce, choice of side dish, vegetables, and garlic toast or a multi-grain bun.

Seniors' Burger

One beef patty, lettuce, pickle, tomato and onion, with choice of side dish.

Seniors' Chef's Salad

Julienne turkey, ham, assorted cheeses and a boiled egg heaped on top of salad, with garlic toast or a multi-grain bun.

Seniors' Honey Garlic Chicken

Chicken with honey garlic sauce, choice of side dish, vegetables and garlic toast or a multi-grain bun.

Seniors' Liver and Onions

Breaded and topped with bacon, fried onion, gravy and served with vegetables, choice of side dish and garlic toast or a multi-grain bun.

Seniors' Old Fashioned Deep Fried Fish

One piece of fish with vegetables, choice of side dish, and garlic toast or a multi-grain bun.

Seniors' Veal Cutlet

Breaded veal with gravy and served with vegetables, choice of side dish and garlic toast or a multi-grain bun.

Panko Breaded Ranch Chicken

Served with your choice of side dish and fresh vegetable of the day and garlic toast or dinner bun.

BEVERAGES

Fountain Pop

Pepsi, Diet Pepsi, Root Beer, 7-up, Ginger Ale
One size

Juice

Orange, apple or cranberry.
8 oz. Small 12 oz. Large
1 litre carafe

Tomato Juice

10 oz. 3.95

Iced Tea or Lemonade

One size

Bottled Water

2% Milk & Chocolate Milk

8 oz. Small 12 oz. Large

Coffee or Decaf

Fresh ground and brewed.

Hot Chocolate

French Vanilla Chai Tea Mocha

French Vanilla Hot Chocolate

Red Rose Tea

Tea Cookie

Tea's from around the world at Glenn's

Over 215 varieties of Tea and new ones every week!

Check out our Tea menu.

Fresh steeped Tea elegantly served at your table in a Henley Tea pot, with a Tea cup and Tea cookie.

per person

All our Teas and Henley Tea Pots are sold to take home.

Most ingredients are listed in the menu description. Please inform your server of any dietary restrictions.

Consuming raw or under cooked meats, poultry, or seafood may increase your risk of food borne illness.

Gluten sensitive menu and gluten free buns are available upon request.



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